



Personal Trauma First Aid Kit

Contents	Quantity
Container, Bag or Box	1
Crepe Bandages 10cm	1
CPR Face Shield	1
Combine Dressings 20x20cm	1
Wound Dressing_18 x 18cm	1
Military Style Trauma dressing 10cm rolled	1
Military Style Trauma dressing 15cm rolled	1
1 Pair of Disposable Examination Gloves XL	4
Silver Emergency Blanket 210x130cm	1
Eye Wash / Wound Wash Filled Bottle 500ml Saline	1